

AGENDA

Pittsburgh, PA • March 21st – 22nd



New
Horizons
in Holistic
Women's
Healthcare

FRIDAY, MARCH 21

FACTS 2025 CONFERENCE

Time	Presentation	Speaker(s)
8:00 AM	Check-in - Meet the Exhibitors	
8:30 AM	Welcome	
8:45 AM	Infertility: Caring for the Whole Couple	Phil Boyle, MD
9:30 AM	Speaker Q&A	
9:45 AM	Break (30 min) - Meet the Exhibitors	
10:15 AM	Holistic Women's Healthcare for All	Katie Vidmar, MS
11:00 AM	Lifestyle and Fertility	Sarah Murray, MD
11:45 AM	Speaker Q&A	
12:00 PM	Lunch and Networking	
1:15 PM	Medications in Holistic Women's Healthcare	Emily Lohr, PharmD
2:00 PM	Seeing the Beauty Inside: Imaging in RRM	Jaime Obst, DO
2:45 PM	Speaker Q&A	
3:00 PM	Poster Session & Reception* *Hosted by Duquesne University College of Osteopathic Medicine's Center for Fertility Awareness Education and Research.	
4:00 PM	Osteopathic Manipulation for Women's Health and Fertility	Jenny Zamor, DO
4:45 PM	Speaker Q&A	
5:00PM	OMT - Clinical Practice session	Jenny Zamor, DO Mikey Padilla, DO Anita Showalter
6:00 PM	Wrap-up	
6:30 PM	Group Dinners	



FACTS
About Fertility

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SATURDAY, MARCH 22

FACTS 2025 CONFERENCE

Time	Presentation	Speaker(s)
8:00 AM	Coffee with the Exhibitors	
8:30 AM	Welcome - Day 2	
8:45 AM	FACTS about Fertility Explained Part 1 (Beginner)	Ruth Foreman, DNP Maryellen Schroeder, MD
	Pelvic Pain (Advanced)	Blaise Milburn, MD
9:45 AM	FACTS about Fertility Explained Part 2 (Beginner)	Ross Bones-Castro MD, MBA, FCP Fr. Jim Holland
	FABM Protocol Development: (Advanced)	Naomi Whittaker, MD
10:30 AM	Break (30 min) - Meet the Exhibitors	
11:00 AM	Reproductive Life Planning (Beginner)	Summer Holmes-Mason, MD
	Nutrition for Holistic Hormonal Health (Advanced)	Brian Burke, MD
12:00 PM	Lunch and Networking	
1:15 PM	Premature Ovarian Insufficiency	Naomi Whittaker, MD
2:00 PM	You Can Have it All - But Not All at Once	Anita Showalter, DO, MA, FACOOG
2:45 PM	Speaker Q&A	
3:00 PM	Break (30 min) - Meet the Exhibitors	
3:30 PM	Life Choices Panel: Balancing our Personal and Professional Roles	Kyle Beiter, MD, Brian Burke, MD, Marguerite Duane, MD, Sarah Murray, MD, Anita Showalter, DO,
4:30 PM	Closing remarks	Marguerite Duane, MD
5:00 PM	Conference Concludes	



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