

## The Focus of FACTS Statement

### Emphasizes Educational Role in Fertility Awareness-Based Methods

FACTS about Fertility stands as a leader in the field of reproductive health education, dedicated to informing medical professionals and students about evidence-based natural or fertility awareness-based methods (FABMs) and restorative reproductive medicine. FACTS is primarily focused on educating our medical colleagues, so that we may empower them to effectively engage patients in managing their reproductive and hormonal health. Through education, we aim to equip clinicians with the tools and research on FABMs and ovulation as normal and healthy indicators of women's health. Our goal is to empower healthcare professionals to better support their patients by integrating cycle charting into their practice, helping them more effectively monitor reproductive health, identify underlying issues, and provide personalized care.

Our Executive Director, Dr. Marguerite Duane underscores this commitment: "Our goal is to share the science regarding natural methods for monitoring the female cycle and restorative reproductive health. By bridging the gap in medical education, we help medical professionals address the root causes of hormonal health issues with the ultimate goal of restoring normal reproductive function."

FACTS is here to support medical professionals, offering resources that enhance clinicians' ability to deliver science-based reproductive health solutions. Our organization offers a comprehensive array of educational resources designed to equip healthcare professionals with the necessary skills to integrate FABMs into their practice. These include student and resident electives, online continuing medical education courses, and professional development through webinars and conferences. Additionally, our vibrant blog disseminates research, shares stories from those using FABMs, and features trained professionals, making it a cornerstone for the latest developments and applications in reproductive health.

We invite physicians, students, and all healthcare professionals to explore our offerings and support our educational mission. FACTS remains committed to promoting a well-informed medical community that supports reproductive health through an unbiased and evidence-based approach, distinctly focusing on the science rather than advocating for specific moral, ethical or ideological perspectives. For more information and to join our efforts in advancing reproductive health education, please visit <https://www.FACTSaboutFertility.org/>.