

Understand your body

Know your cycle



Did you know?

Tracking your sleeping temperature tells you a lot about your health and fertility

What is Tempdrop?

Tempdrop is a wearable sensor and charting app, the perfect companion for your chosen fertility awareness method*.

**Fertility Awareness is a practice of recognizing when your body is fertile and it's not.*

Tempdrop can be used to:

- Increase your chances of pregnancy and get pregnant faster.
- Chart for health purposes - PCOS, Hashimoto's, Endometriosis, Irregular cycles etc.
- Know your body - identify your fertile window.

How does it work?

Our sensor uses algorithms to filter out disturbances such as breastfeeding, sleep interruptions, changes to sleep schedules etc. to give you accurate

sleeping temperatures. The sensor integrates with our charting app for an all-in-one charting solution. Take advantage of the premium charting features to gain insight about your fertile window, to confirm ovulation, and track sleep quality.

Why choose Tempdrop?

- **Non-invasive:** Worn on the upper arm for convenience and simplicity
- **Accurate:** Tempdrop gives you accurate data, regardless of your sleep schedule or pattern.
- **For every woman:** Works for all cycles - irregular cycles, inconsistent sleepers, postpartum, shift workers etc.
- **Accessible:** Designed by listening to our customers, choose to use the inbuilt charting app or choose to use your data with your favourite charting app.
- **HSA/FSA eligible.**

15%
OFF

Discount Code:

FACTSCONFERENCE15%

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