“Only 3% to 6% of physicians have accurate knowledge about the effectiveness rates of fertility awareness based methods (FABMs) of family planning.”

Fertility Awareness and Family Planning

The FACTS Medical Presentation entitled, Fertility Awareness and Family Planning: The Science and Effectiveness of Fertility Awareness Based Methods, is a 1-hour CME accredited presentation for healthcare professionals student audiences. This presentation will provide an overview of the science and application of fertility awareness based-methods (FABMs) for women’s health and family planning.

Key Features Of The Presentation Include:

• Evidence based introduction to the science and effectiveness of FABMs for family planning.
• Overview of 7 different modern FABMs that may be used by couples to prevent pregnancy.
• Highlights how some FABMs may be used to achieve pregnancy even by couples with infertility.
• Discussion of advantages and challenges associated with using these methods.
• Well-researched, based on the highest quality studies with more than 50 medical citations.
• Approved for 1 Continuing Medical Education (CME) credit by the American Academy of Family Physicians.
• Includes informational materials for health professionals and patients who want to learn more.
• Professionally trained FACTS speakers are available all across the country.

To schedule a FACTS speaker, please contact us at: speaker@FACTSaboutFertility.org

For more information about FACTS, please visit our website: www.FACTSaboutFertility.org