



# FACTS

Fertility Appreciation  
Collaborative to Teach the Science

*“Only 3% to 6% of physicians have accurate knowledge about the effectiveness rates of fertility awareness based methods (FABMs) of family planning.”*



## Fertility Awareness and Family Planning

The FACTS Medical Presentation entitled, **Fertility Awareness and Family Planning: The Science and Effectiveness of Fertility Awareness Based Methods**, is a 1-hour CME accredited presentation for healthcare professionals student audiences. This presentation will provide an overview of the science and application of fertility awareness based-methods (FABMs) for women’s health and family planning.

### Key Features Of The Presentation Include:

- Evidence based introduction to the science and effectiveness of FABMs for family planning.
- Overview of 7 different modern FABMs that may be used by couples to prevent pregnancy.
- Highlights how some FABMs may be used to achieve pregnancy even by couples with infertility.
- Discussion of advantages and challenges associated with using these methods.
- Well-researched, based on the highest quality studies with more than 50 medical citations.
- Approved for 1 Continuing Medical Education (CME) credit by the American Academy of Family Physicians.
- Includes informational materials for health professionals and patients who want to learn more.
- Professionally trained FACTS speakers are available all across the country.

To schedule a FACTS speaker, please contact us at: [speaker@FACTSaboutFertility.org](mailto:speaker@FACTSaboutFertility.org)

For more information about FACTS, please visit our website: [www.FACTSaboutFertility.org](http://www.FACTSaboutFertility.org)