

Are you looking for a speaker who can deliver an up to date presentation on natural or fertility awareness based methods (NFP/FABMs)?

# The Signs of the Female Cycle Explained

**FACTS is the Fertility Appreciation Collaborative**, a group of physicians, students, other health care professionals and educators working together to Teach the Science of FABMs to medical professionals and students.

**Natural Womanhood** is a non-profit organization dedicated to improving women's health literacy through the promotion of FABMs to the general public.

**The 45-minute presentation covers:**

- The science of charting a woman's cycle.
- The applications and benefits of using FABMs for her health.
- The effectiveness of FABMs for family planning.
- The benefits of using FABMs in comparison to artificial methods of birth control.

**95%** of past participants were satisfied or very satisfied with the presentation.

**83%** said they learned new knowledge that they could apply in their personal life.



For more information about FACTS and/or Natural Womanhood:  
[www.FACTSaboutFertility.org](http://www.FACTSaboutFertility.org)  
[www.naturalwomanhood.org](http://www.naturalwomanhood.org)

This presentation is now available through a nationwide team of trained speakers. To schedule a FACTS speaker, please contact us at: [speaker@FACTSaboutFertility.org](mailto:speaker@FACTSaboutFertility.org)